

# First Ward School: Served our Students . . . and will provide a 'Healthy Home' to our Seniors

How four local partners are creating a  
new housing-centered model for  
“aging in place”

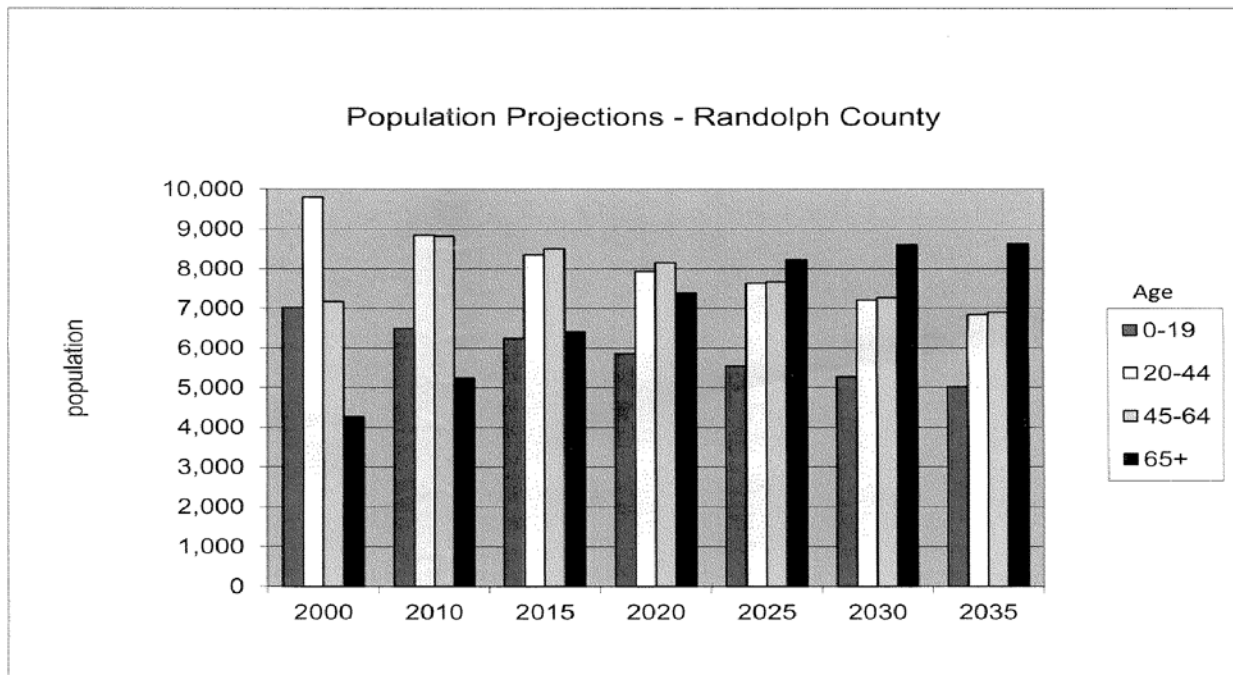
# Who is Randolph County Housing?

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- A Housing Authority with a community development mission;
- A source of Rental Assistance for low-income residents (“Section 8”);
- An owner and manager of rental housing – 76 units under management in Randolph, Barbour & Tucker counties;
- The future Property Manager of First Ward School Apartments.

[www.rchawv.org](http://www.rchawv.org)

# Why “Service-Enriched” Housing?



# Why First Ward School Apartments?



Built in 1908



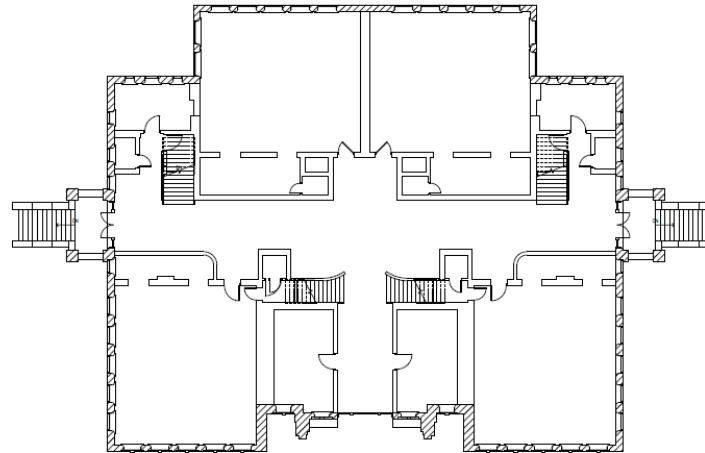
RD SCHOOL  
SERVATION



May 2013 . . .



# Before . . .



EXISTING - 02 SECOND FLOOR  
SHEET 02-1.2



ELKINS FIRST WARD  
SCHOOL  
REDEVELOPMENT  
CORNER OF 10TH ST & SOUTH DAVIS AVE  
ELKINS, WV 26041

EXISTING SECOND FLOOR  
PLAN

DATE: 10/1/12  
PROJECT NAME: 10TH ST & SOUTH DAVIS AVE  
SHEET NAME: 02-1.2

ARCHITECT PROJECT NUMBER: 10-12  
ARCHITECT SHEET NUMBER: 02-1.2

**APPROVED DRAWING USE**

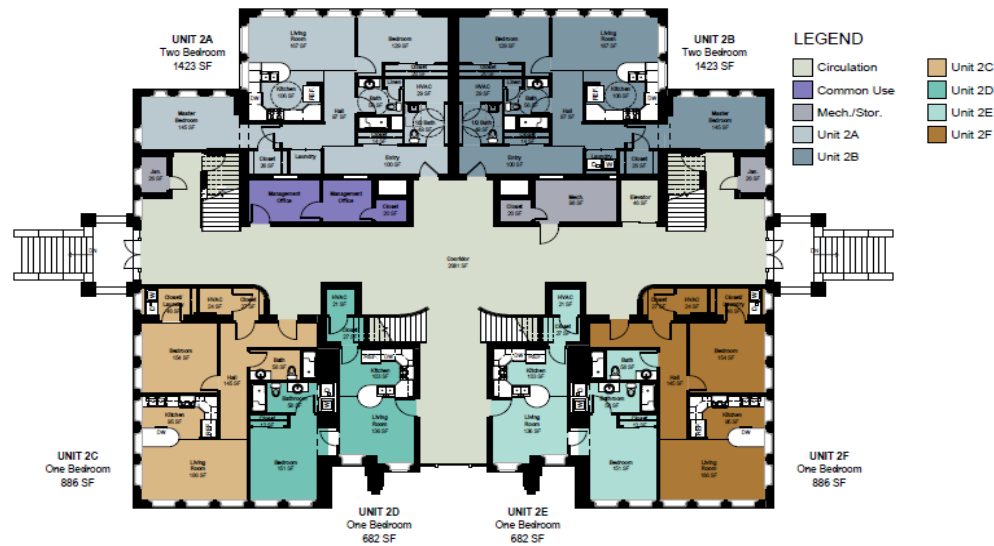
- DESIGN DEVELOPMENT
- PRELIMINARY
- PERMIT APPLICATION
- FOR BIDDING
- CONSTRUCTION DOCUMENT

DATE: 10/1/12  
PROJECT NAME: 10TH ST & SOUTH DAVIS AVE  
SHEET NAME: 02-1.2

SCHEMATIC DESIGN

**EX-1.2**

# After . . .



1 NEW - 02 SECOND FLOOR  
SCALE: 1/8" = 1'-0" REF. VIEW



**ELKINS FIRST WARD  
SCHOOL  
REDEVELOPMENT**  
CORNER OF 13TH ST & SOUTH DAVIS AVE  
ELKINS, WV 26241

## SECOND FLOOR PLAN

Drawn by: Author  
PROJECT REUSE DATE: ...  
PROJECT REUSE DATE: 08/2011  
Drawing Number: 1000

ARCHITECT PROJECT NUMBER: 21100  
ARCHITECT CAD NUMBER: 21100 20142

**APPROVAL DRAWING USE:**

- DESIGN DEVELOPMENT
- PROPOSAL
- PERMIT ACQUISITION
- FOR BIDDING
- CONSTRUCTION DOCUMENT

10/11/2011 10:11:11 AM  
10/11/2011 10:11:11 AM  
10/11/2011 10:11:11 AM

SCH-2

SCHEMATIC DESIGN



Before . . .



After . . .



Before . . .



After . . .



# The Wellness Collaborative

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- A Partnership to provide a coordinated health and wellness program to senior residents
- Based on the SASH model in rural Vermont, but without the state support and oversight
- Partners include RCHA, Davis Health System, Randolph County Senior Center, Randolph-Elkins Health Department
- Program focuses on measurable outcomes for each resident—in terms of prevention & management of chronic health conditions and common problems of aging



# Wellness Collaborative Mission:

To promote an active, purposeful quality of life for our local residents, so they may live safely in their homes, experience wellness, and avoid costly and traumatic emergency and institutional care;

# Each Wellness Collaborative Member Agrees to:

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- Commit staff and program resources to the demonstration program at First Ward School Apartments for 18 months (July 1, 2013 to December 31, 2014.)
- Ensure that persons designated to serve the HH program are oriented to the model and trained (HIPAA, etc.)
- Participate in the Wellness Collaborative Team

# Core of the MOU is about Outcomes

- Upon initial assessment of enrolled participants, the Wellness Collaborative will establish measurable goals for 6 month and 12 month intervals based on the participant goals for the period and will seek to achieve 80% of these goals.
- The Wellness Collaborative will seek to set measurable economic goals for the program and measure these as well. One such goal will be to reduce emergency room visits and emergency hospitalization for those enrolled in the HH program, compared to the average number of these incidents experienced by like individuals.
- Evaluation of progress toward goals will be conducted every 6 months.
- The results of the First Ward School Apartments Demonstration Project will be used to seek public sector support for expansion of the program to additional sites and/or seniors.

# Healthy Home Program

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- Enrollment is free to participants
- Residents create a Health Action Plan, with help from a Wellness Nurse and the Resident Coordinator
- A Community Health Action Plan will identify shared goals of tenants and provide educational and support programming in (and outside) the building
- Wellness Nurse and Housing Staff coordinate support, services and follow up, including any transition assistance, if needed
- Case Management is Key--the RCSC Case Manager will assist with coordinating services to residents

# Results from Vermont's "SASH"

- 19% reduction in hospitalizations
- No bounce backs from Nursing Homes
- Reduced falls- 22%
- Increased physical activity
- Reduced nutritional risk- 26% reduction

*Better health, better care & lower costs*





# Questions?

Thank You!

Karen Jacobson    [kjacobson@rchawv.org](mailto:kjacobson@rchawv.org)  
304-636-6495 ext 16